

Fine Dining September 2017

Starters

Pan fried Scallops, Fresh Garden Pea Puree & Crispy Pancetta

Goat's Cheese & Red Onion Marmalade Tarte Tatin with Rocket Salad **V**

Duck Rillettes, Cornichons, Micro Watercress, Piccalilli, Toasted Brioche Bread

Heritage Beetroot & Goat's Curd with Lamb's Lettuce & Croute, Toasted Pine Nuts,
Vinaigrette Dressing **V**

Hot Smoked Salmon served with Melba Toast, Capers Mayonnaise & Pickled Heritage
Beetroot **V**

Wild Mushrooms on Toast with Poached Duck Egg & Truffle Oil **V**

Warm Chicken Liver Salad, Black Pudding with Shallots, French Beans & Rocket

Potted Brown Shrimps Lemon & Toast

Parsons Creative Food Ltd

107 / 108 Avro House • Havelock Terrace SW8 4AS

Telephone: 020 7720 3336 • Facsimile: 020 7720 8656 • Mobile: 07885 248837

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Registered Office: Parsons Creative Food Ltd • 7 Ludlow Road • London W5 1NX
Registered in England No: 05126296 • V.A.T. No: 106 6425 33

Mains

Pan Fried Sea Bass on a bed of Samphire with Butter Brown Shrimp Sauce &
Sun Dried Dattorini Tomatoes

Seared Salmon with Capers & Parsley, Garlic Wilted Spinach, Crushed New Potatoes,
Saffron Mayonnaise & Lemon

Chilli Squid Risotto with Chervil Topped with Crispy Squid

Duck Confit with Potato Rosti
Wilted Spinach with Bacon Lardons
Plum Compote

Corn Fed Chicken Breast with Pan Fried Ceps Grainy Mustard Sauce
French Beans
Dauphinoise Potatoes

Fillet of Beef with Pearl Onions & Wild Mushrooms Truffle Sauce
Broad Beans
Potato Fondant

Risotto of Fresh Garden Peas, Courgettes, Baby Spinach,
Mint & Ricotta Cheese with Gremolata **V**

Turban of Vegetables with Buffalo Mozzarella
Spicy Tomato & Basil Coulis

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Desserts

Raspberry Crème Brulee
White Chocolate Shortbread

Individual Lemon Tart with Orange Crème Fraiche

Chocolate Truffle Cake
Orange Confit & Mascarpone

Strawberry Fool & Shortbread

Poached Pear Chantilly Cream
Chocolate Pistachio Sauce

Apple Tarte Tatin Crème Fraiche

Raspberry & Blackberry
Mille Feuille with Whipped Cream

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