

Fine Dining Spring Menu 2018

Starters

Tomato Mozzarella & Pesto Tarts **V**

Lobster Salad, Avocado, Green Bean, Radicchio, Radish & Mixed Sprouts
Served with a Citrus Mayonnaise **F**

Onion Marmalade Tarte Tatin with Roast Tomatoes, Lemon Thyme & Goat's Cheese **V**

Broccolini, Asparagus & Miso Chicken with Coriander & Roasted Cashews & Mint **M**

Roast Jerusalem Artichoke, Mizuna, Hazelnut & Parmesan Cheese **V**

Roast Trout Fennel & Fresh Parsley with Coriander Seeds & Buckwheat
Grated Lemon & Smoked Paprika **F**

Lentil, Beetroot & Labne Salad with Baby Spinach,
Green Beans & Basil Leaves **V**

Parsons Creative Food Ltd

107 / 108 Avro House • Havelock Terrace SW8 4AS

Telephone: 020 7720 3336 • Facsimile: 020 7720 8656 • Mobile: 07885 248837

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Registered Office: Parsons Creative Food Ltd • 7 Ludlow Road • London W5 1NX

Registered in England No: 05126296 • V.A.T. No: 106 6425 33

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Mains

Duck Ragout with Baby Carrot, Roast Garlic
Rosemary Sautéed Potatoes **M**

Herb Crusted Cod Fillets Wild Mushrooms
Wilted Spinach Chimichurri Sauce **F**

Lemon & Garlic Roasted Chicken with Moroccan Spices
Roast Butternut Squash, Spinach & Chickpeas served with Mint & Coriander Yoghurt **M**

Roast Pork Tenderloin with Broccoli, Peas & Shallot Puree
Pan Fried Apples **M**

Spiced Lentil & Sweet Potato Pies Tender Stem Broccoli **V**

Seared Golden Chicken Mint Sauce & Spring Baby Vegetable Feast **M**

Harissa Roasted Aubergine, Pomegranate, Pistachios, Olives & Wild Rice **V**

Mushroom, Cavolo Nero & Quinoa Risotto with Crumbled Goat's Cheese **V**

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Desserts

Prune & Hazelnut Cake & Orange Crème Fraiche

Banoffee Meringue with Honey combe

Chocolate Date & Almond Filo Coil

Pistachio & Lemon Curd Cake with Vanilla Mascarpone

Pure Apple Slice with Golden Syrup Custard

Poached Pear Tartlets with Chocolate Sauce

Saffron Honey Syrup Cakes with Greek Yoghurt

Summer Fruit Chantilly Tart with Raspberry Coulis

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