

Working Lunch Menu

Sandwich Fillings *(Select Four)*

Meat

Salt Beef & Dill Pickles
Turkey Breast, Brie & Cranberry
Maple Cured Bacon, Manchego & Grape Chutney
Pulled Pork & Slaw
Coronation Chicken & Cos Lettuce
Cumberland Sausage, Red Onion Marmalade
Roast Beef, Horseradish & Rocket
Wiltshire Cured Ham & Gruyère

Fish

Tuna Niçoise Baguette
Coronation Prawns with Coriander Yogurt & Flaked Almonds
Smoked Trout Paté with Cucumber, Dill & Fennel
Poached Salmon & Cucumber with Lemon Mayonnaise

Vegetarian

Mature Cheddar Cheese & Branston Pickle, Baby Spinach
Egg Mayonnaise, Mustard Cress
Roast Squash, Feta & Pesto Wrap
Taleggio & Red Onion Marmalade

Mini Tarts *(Select One)*

Caramelised Onion, Goat's Cheese, Cherry Tomato & Basil **V**
Pea & Ham with Cheese & Bacon
Butternut Squash & Feta Cheese with Toasted Pine Kernels **V**
Smoked Applewood Cheddar with Mushrooms & Chives **V**
Hot Smoked Salmon with Chervil, Lemon Sour Cream & Chives
Traditional Quiche Lorraine with Gruyère Cheese

Parsons Creative Food Ltd

107 / 108 Avro House • Havelock Terrace SW8 4AS

Telephone: 020 7720 3336 • Facsimile: 020 7720 8656 • Mobile: 07885 248837

Email: info@parsonscreativefood.co.uk • www.parsonscreativefood.co.uk

Registered Office: Parsons Creative Food Ltd • 7 Ludlow Road • London W5 1NX
Registered in England No: 05126296 • V.A.T. No: 106 6425 33

Working Lunch Menu

Finger Food Options *(Select One)*

Meat

Duck Spring Rolls with Plum Sauce
Home Made Sausage Rolls
Beef in Brik Pastry with Asian Vegetables

Fish

Salmon & Cod Fishcake with Tartar Sauce
Teriyaki Salmon Skewers with Sesame
Assorted Sushi with Pickled Ginger & Soy Sauce
Smoked Mackerel, Cranberry, Lime & Herb on Croute

Vegetarian

Chickpea Falafels with Tzatziki
Vegetable Samosa with Minted Yogurt
Bocconcini Mozzarella, Cherry Tomato & Basil Skewers
Squash, Spinach & Sage Frittata
Tomato, Mozzarella & Basil Tarts

Sweet Options *(Select One)*

Fresh Fruit Skewers
Salted Caramel Brownies
Pear, Chocolate & Cardamom Loaf Cake
Fresh Fruit Tarts with Crème Pâtissière
Honey & Pistachio & Cake
Orange Polenta Cake
Passion fruit Curd Tartlet with Meringue
Mini Brioche Bread & Butter Pudding with Clotted Cream

Parsons Creative Food Ltd

107 / 108 Avro House • Havelock Terrace SW8 4AS

Telephone: 020 7720 3336 • Facsimile: 020 7720 8656 • Mobile: 07885 248837

Email: info@parsonscreativefood.co.uk • www.parsonscreativefood.co.uk

Registered Office: Parsons Creative Food Ltd • 7 Ludlow Road • London W5 1NX
Registered in England No: 05126296 • V.A.T. No: 106 6425 33