

Working Lunch Menu

Minimum order x 15

Sandwich Fillings (Select three fillings)

Sandwich Fillings in Artisan Bread Collection

To include Wraps, Mini Rolls, Bruschetta's, Bagels

Coronation Chicken with Iceberg Lettuce

Parma Ham & Rocket Salad, Sun blush Tomatoes & Pesto

Tuna Niçoise with French Beans, Egg, Cherry Tomatoes, Olives & Gem Lettuce

Roasted Red Onion & Marinated Haloumi with Grilled Red Pepper

Rare Roast Beef with Watercress & Horseradish

Smoked Salmon, Cream Cheese & Cucumber

Brie with Spinach & Grilled Courgette

Poached Salmon & Cucumber with Lemon Mayonnaise

Ham & Dijon Mustard with Rocket & Tomato

Mozzarella & Avocado with Pesto

Salt Beef Bagel with Seed Mustard & Mache Lettuce, Pickled Gherkins

Sumac Roasted Aubergine with Falafel & Tomato Hummus in Pitta Bread

Tandoori Chicken, Mint Yoghurt & Iceberg

Farmhouse Cheese & Spiced Pickle

Prawn & Lemon Mayonnaise with Cos Lettuce

Roast Turkey, Glazed Red Onions & Seed Mustard Mayonnaise with Frisée Salad

Parsons Creative Food Ltd

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Registered in England No: 05126296 • V.A.T. No: 106 6425 33

Working Lunch Menu

Individual Quiches

(Select one of the following)

Mushroom, Spinach & Parmesan
Feta Cheese, Sun blushed Tomato & Basil
Quiche Lorraine
Potato, Leek & Cheddar Tart
Salmon & Gremolata Tart
Roast Balsamic Red Onions & Goat's Cheese Tart

Finger Food

(Select one of the following)

Beef, Rosemary & Garlic Skewers with a Chimichurri Sauce
Vegetable Samosa with Mint Yoghurt
Lemon & Garlic Prawns with Sweet Chilli Sauce
Carrot Falafel with Roast Red Pepper & Tahini Dip
Chicken Satay Skewers
Asparagus wrapped in Crispy Parma Ham with Parmesan & a Smoked Paprika Dip

Desserts

(Select one of the following)

Fresh Fruit Skewers
Chocolate Squares
Lemon Drizzle Cake
Raspberry Chocolate Truffle Cake
Apple & Blackberry Crumble Tart with Whipped Cream
Strawberry & Blueberry Bakewell Tart with Clotted Cream

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